



caer las

tackling social exclusion because everyone counts

Caer Las has been working across South Wales for over thirty years, helping vulnerable people gain their deserved place as valued members of society.

All our services focus on tackling social exclusion and cover Swansea, Bridgend, Neath Port Talbot, Cardiff and Carmarthenshire. They range from help and advice to find or maintain a home and support with mental health issues, through to creative or skills workshops and social activities. We currently work with around 1,000 people per year.

Caer Las's vision is for everyone to feel valued as individuals and within their community. We believe everyone has the right to their own identity and shouldn't be labelled by their circumstances. We also believe people have skills, experience and insights to draw on, even in difficult times, that make them the real 'experts' in finding solutions. Our role is to give them the time, space and support to move forward at their own pace and make the changes that matter to them.

Our plans include building stronger links between our practice and research to achieve a deeper understanding of social exclusion, leading to lasting change. We also want to develop more sustainable and flexible services by investing in a social business that will offer more positive opportunities for vulnerable people.

www.caerlas.org.uk

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Registered Charity No: 504094. Company Limited by Guarantee No: 01195549. Registered in Wales as Cymdeithas Caer Las.

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Shared Housing



What is the Project About?

Caer Las is highly experienced in helping people build more stable and fulfilling lives.

Our Supported Shared Housing project is for single people who need both accommodation and support.

The accommodation provided is in your own private and secure room in a shared house. You will have your own tenancy and your own Support Worker, who will help you understand your responsibilities as a tenant and help you improve your ability to manage and maintain your own home.

What does the Project Do?

The project acts as a stepping stone to more permanent accommodation. It gives you time and space to think about your next step and what you need to do to get there.

Our staff team are experienced and knowledgeable and will help you build confidence before moving on to more independent living. They can assist you in finding a more permanent solution to your housing situation, when you are ready to move on, and can help you settle into your new home.

For more information about supported Shared Housing, please contact our friendly team.

We take great pride in our work and aim for the highest standards of support and service.



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